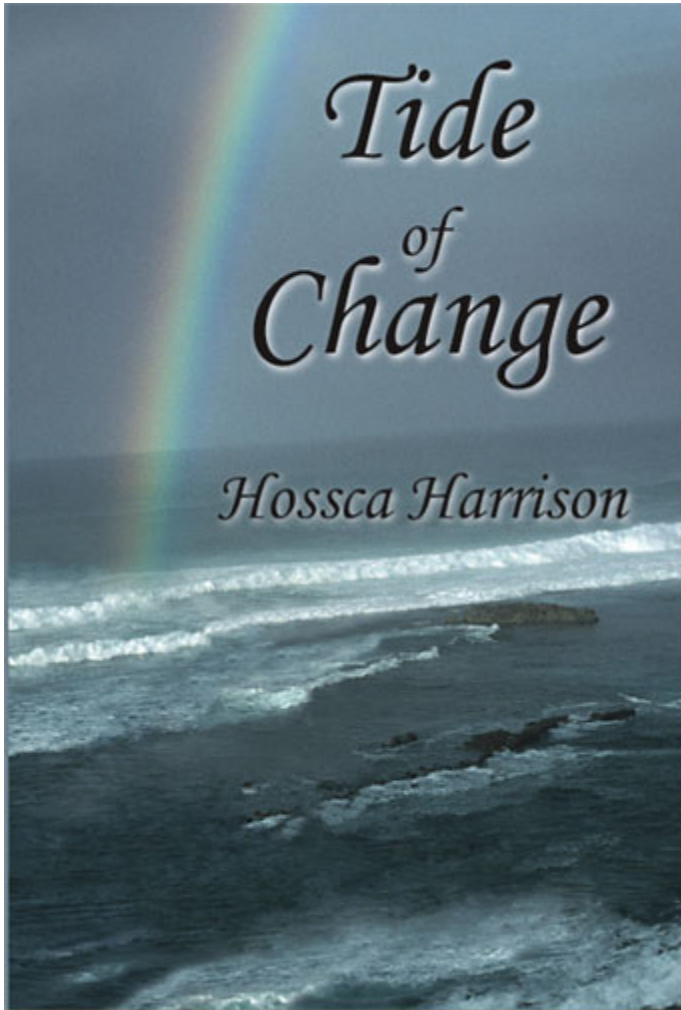


# Tide of Change

by Hossca Harrison

A powerful, emotional journey of life's unparalleled experiences told through the autobiography of Hossca Harrison, transforming a staunch atheist into a spiritual medium.

---



## About the Book

Why the NBC Today Show, Seattle Times, Denver Post, Boulder Camera, Longmont Times, Time magazine, and many others find this man's story to be astounding. Hossca Harrison in his own words writes, this book is not about phenomena, although phenomena are part of the story. This book tells about an emotional journey between life and death that begins in Central America and ends in England. It encompasses my journey through two near-death experiences over an eleven-year period. This book is not about death, although death is part of the story. Nor is this book about healing, although healing is a part of the story.

My life may seem full of pain and suffering. Quite the contrary, it has been filled with experiences beyond the conscious conception of many. I have had the opportunity to experience life beyond the dreams many people hold. My life's story is not for the causal reader. This story is for those who know there is much more to life than meets the eye. My journey involves experiencing life beyond traditional beliefs - beyond traditional ways of thinking, creating, and healing.

If someone had come to me in December of 1981 and forewarned me that before December ended, my life would end and begin again, that I would give up everything I thought to be true, including my business, my home, and my way of life, I would not have believed it possible. I could not believe it. My mind was very much entrenched in the illusions we make for ourselves in this reality. My mind could not have dealt with the future I was about to embark upon. Thankfully, no one told me what my future held. If someone had and I had believed it, I would have hidden under the biggest rock I could find.

---

## About the Author



Hossca Harrison is and has been for a quarter of a century a philosopher, mystic, teacher, medium, and founder of Jonah Life Institute llc, Universal Education Foundation, and Life Energy Flow Tai Yi School of Healing.

Hossca's life as a land developer and contractor vanished after a near death experience from being caught in a rip tide off the shore of Hawaii. This experience propelled Hossca into a life as a medium and healer, traveling the earth teaching thousands about the power within each, the power to transform pain into joy, the power to know the continuum of life.

Hossca has brought forth the long forgotten ancient Chinese healing exercises called Life Energy Flow Tai Yi. Hossca's students range from teenagers to great-grandmothers, from psychologists to chiropractors in his Life Energy Flow Tai Yi School of Healing.

The often controversial teachings of Jonah and Hossca have led to front page articles in the Seattle Times, Denver Post, Longmont Times, Boulder Camera, and interviews on the NBC Today Show and in Time Magazine, and different radio talk shows and TV newscasts.

Hossca now lives in Colorado with Rebecca his wife of 35 years, balancing his time working with adults and adolescents while enjoying his children and grandchildren.

---

## CONTENTS

INTRODUCTION	13
1 JUNGLE FEVER	17
2 THE DEATH	29
3 THE AMNESIA FACTOR	43
4 AWAKENING THE SPIRIT	59
5 THE VOICE	67
6 THE HEALING	81
7 SEEING THE WORLD THROUGH NEW EYES	99
8 MESSAGES	111
9 ALA KANATA ARRIVES	121
10 ALUNASTAR ARRIVES	131
11 JONAH ARRIVES	139
12 COLORADO SIGHT UNSEEN	151
13 MONTANA REVISITED	157
14 GOING PUBLIC	163
15 TRIAL FOR HERESY	179
16 THE FOUNDATION	185
17 MEDICAL EXPERIMENTS	201
18 JOHN & CASSANDRA DENVER	209
19 CLOSURE	215
20 ATTORNEY GENERAL	219
21 GREECE	227
22 THE DREAM	235
23 ENGLAND	275
24 REFLECTIONS	291
25 LIFE ENERGY FLOW TAI YI	299
EPILOGUE	303

## Introduction

This book is not about phenomena, although phenomena are part of the story. This book tells about an emotional journey between life and death that begins in Central America and ends in England. It encompasses my journey through two near-death experiences over an eleven-year period. This book is not about death, although death is part of the story. Nor is this book about healing, although healing is a part of the story.

My life may seem full of pain and suffering. Quite the contrary, it has been filled with experiences beyond the conscious conception of many. I have had the opportunity to experience life beyond the dreams many people hold. My life's story is not for the casual reader. This story is for those who know there is much more to life than meets the eye. My journey involves experiencing life beyond traditional beliefs — beyond traditional ways of thinking, creating, and healing.

If someone had come to me in December of 1981 and forewarned me that before December ended, my life would end and begin again, that I would give up everything I thought to be true, including my business, my home, and my way of life, I would not have believed it possible. I could not believe it. My mind was very much entrenched in the illusions we make for ourselves in this reality. My mind could not have dealt with the future I was about to embark upon. Thankfully, no one told me what my future held. If someone had and I had believed it, I would have hidden under the biggest rock I could find.

Before December 1981, I was a contractor, successfully building apartment complexes and developing land. I had just moved into my dream home on the shore of Long Lake outside Olympia, Washington. Months earlier, I had bought a new Lincoln Mark IV. My wife and children loved

### *Tide of Change*

being on the lake and living the easy life. The bankers in town knew me by name and often took me to lunch. I had friends who respected the work I did. My plan was to retire by the age of forty. This was due more to necessity than desire. At twenty-four, I had injured my spine, and since that time I had lived in constant pain.

During my early twenties, I drove a truck to deliver stainless steel tanks filled with a resin for softening water. One day part of the truck bed broke, sending a 170-pound tank on top of me. After nine months of examinations, the doctors determined that I had ruptured two discs in my lower back. The doctor performed surgery, but the damage was so extensive that even after surgery I was not able to walk for months.

It wasn't until a year later that the doctor who performed the surgery took me aside and told me they had removed a large tumor surrounding my spine as well as the two ruptured disks. He had not spoken of the tumor before because he was concerned the State Compensation Insurance would not pay for the surgery to remove the tumor. He told me only when he was preparing to release me as a patient; he knew the difficulties that lay ahead for me. At the very least, I would need a walker and braces to get around.

Each subsequent year demanded that I take more and more pain medication to get through the day. I thought if I could retire by forty, I could take it easy and spend my days fishing from the pier I was planning to build in my backyard. I thought of different ways I could invest my money and take care of my family and me for the rest of my life.

What is often said about the best-laid plans couldn't be truer. My plans to spend endless days fishing never materialized. I did not retire at forty; instead, I was led on a new journey with new pathways. I was propelled into a field where retirement does not exist. However, through this field I traveled the globe, met thousands of people, and made friends from all walks of life.

One of the many things I have learned from my experiences since December of 1981, is that we are all guided, but we do not always allow

ourselves to see or hear the guidance. We do not always allow ourselves to trust what is happening to us. We do not always understand why we are drawn to do some of the things we do. I have learned one thing well: Whatever you do, do it in the Light, and the Light will be your guiding pathway.